Association of Obesity in Patients with Osteoarthritis of Knee

Inderbir Singh, Jaspal Singh Sandhu and Shyamal Koley

Department of Sports Medicine and Physiotherapy, Guru Nanak Dev University, Amritsar 143 005, Punjab, India

KEYWORDS Obesity. Osteoarthritis of Knee. North Indian Population

ABSTRACT The present study deals with the measurements of Q angles inter-tribal distance, body mass index, percent fat and waist-hip ratio in patients with osteoarthritis of knee (n = 40) and appropriate controls. The results suggest that obesity is in close association with osteoarthritis of knee.